Local Authority results summary - Carers Trust Scotland

The Scottish Youth Parliament, YouthLink Scotland and Young Scot joined together in April 2020 to deliver LockdownLowdown - a survey of nearly 2,500 young people from across Scotland on their concerns about COVID-19.

The national results have been published in a report which is available here. The report gives a clear picture of what young people are worried about - and the impact that COVID-19 is having on their lives.

This document gives a summary of the responses from young people in Carers Trust Scotland.

**Respondent Profile**

30 young people from Carers Trust Scotland took part in this consultation.

*Of these respondents:*

- 43.3% are aged between 12 and 17, 36.7% are aged 18-20, and 20.0% are aged 21-25.

- 70.0% identify as female, 16.7% identify as male, 6.7% identify as non-binary, and 3.3% identify in another way. The remaining respondents preferred not to say.

*Please note - due to the low number of respondents, this summary may not be representative of all young people in Carers Trust Scotland.*
**Young people’s concerns regarding the impact of coronavirus (COVID-19)**

Respondents were given a list of twelve issues that may be worrying them during this time, and were asked to rate their level of concern.¹ Young people in Carers Trust Scotland are most worried about the impact coronavirus (COVID-19) will have on other peoples’ physical health and wellbeing.

![Bar chart showing concerns of young people](chart.png)

1 See page 3 for a full list of the questions young people were asked to respond to.

If you have any questions about this summary, or if you would like any additional information, please contact Rosy Burgess, SYP’s Events and Campaigns Officer, at rosy.b@syp.org.uk.
Young people’s concerns regarding the impact of coronavirus (COVID-19)
The questions young people were asked to respond to are shown below:

<table>
<thead>
<tr>
<th>Label on graph</th>
<th>Survey question</th>
</tr>
</thead>
<tbody>
<tr>
<td>School, college and university closures</td>
<td>How are you feeling about school, college and university closures?</td>
</tr>
<tr>
<td>Exams or coursework</td>
<td>How are you feeling about any exams or coursework you may have?</td>
</tr>
<tr>
<td>Employment situation</td>
<td>How are you feeling about your employment situation?</td>
</tr>
<tr>
<td>Financial situation</td>
<td>How are you feeling about your financial situation?</td>
</tr>
<tr>
<td>Physical health and wellbeing</td>
<td>How are you feeling about your physical wellbeing?</td>
</tr>
<tr>
<td>Mental health and wellbeing</td>
<td>How are you feeling about your mental wellbeing?</td>
</tr>
<tr>
<td>Physical health and wellbeing (others)</td>
<td>How are you feeling about the physical wellbeing of others (e.g. family or friends)?</td>
</tr>
<tr>
<td>Mental health and wellbeing (others)</td>
<td>How are you feeling about the mental wellbeing of others (e.g. family or friends)?</td>
</tr>
<tr>
<td>Social relationships</td>
<td>How are you feeling about the impact on your social relationships with family or friends?</td>
</tr>
<tr>
<td>Rights</td>
<td>How are you feeling about your ability to access your rights as a young person?</td>
</tr>
<tr>
<td>Ability to look out for/care for others</td>
<td>How are you feeling about your ability to look out for/care for others?</td>
</tr>
<tr>
<td>Future</td>
<td>How are you feeling about the impact of coronavirus (COVID-19) on the future?</td>
</tr>
</tbody>
</table>

If you wanted to access information about the topics below during the coronavirus (COVID-19) outbreak, do you know how to do that?

<table>
<thead>
<tr>
<th>Information, advice and updates around lockdown</th>
<th>Yes</th>
<th>No</th>
</tr>
</thead>
<tbody>
<tr>
<td>Activities to do while inside</td>
<td>36.7%</td>
<td>63.3%</td>
</tr>
<tr>
<td>How to help others during this time</td>
<td>46.7%</td>
<td>53.3%</td>
</tr>
<tr>
<td>Support for mental health and wellbeing</td>
<td>56.7%</td>
<td>43.3%</td>
</tr>
<tr>
<td>Financial support that may be available to you</td>
<td>63.3%</td>
<td>36.7%</td>
</tr>
</tbody>
</table>

If you have any questions about this summary, or if you would like any additional information, please contact Rosy Burgess, SYP’s Events and Campaigns Officer, at rosyb@syp.org.uk.
Access to online information
Respondents were asked if they have access to a device at home they could use to look at online services, and if they can access reliable broadband / data at home.²

Who do you think should be providing information surrounding coronavirus (COVID-19)?

<table>
<thead>
<tr>
<th></th>
<th>Percentage</th>
</tr>
</thead>
<tbody>
<tr>
<td>Politicians</td>
<td>80.0%</td>
</tr>
<tr>
<td>Youth workers</td>
<td>60.0%</td>
</tr>
<tr>
<td>Teachers</td>
<td>60.0%</td>
</tr>
<tr>
<td>Charities</td>
<td>50.0%</td>
</tr>
<tr>
<td>Businesses</td>
<td>40.0%</td>
</tr>
<tr>
<td>Young people</td>
<td>36.7%</td>
</tr>
<tr>
<td>Someone else</td>
<td>23.3%</td>
</tr>
</tbody>
</table>

² This survey was only available online. Therefore, the response to this question may not be representative of all young people’s experiences.

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